



rollup bistro

PENRITH BOWLING CLUB
(02) 4721 2515
INFO@PENRITHBOWLING.COM.AU

BISTRO HOURS

SUNDAY TO THURSDAY:
11:00am - 2.30pm | 5.00pm - 8.30pm

FRIDAY & SATURDAY:
11:00am - 2.30pm | 5.00pm - 9.00pm



SOMETHING TO BEGIN

GARLIC BREAD	8 / 10
Add cheese +\$2	
BRUSCHETTA	15 / 17
Toasted focaccia topped with heirloom tomatoes, red onion, basil, balsamic & EVO	
BUFFALO CHICKEN WINGS	18 / 20
8 Pieces - Served with ranch dressing	
CALAMARI	17 / 19
Lightly seasoned flash fried calamari w/ lemon & tartare sauce	
CHICKEN SATAY SKEWERS	20 / 22
Served w/ fragrant jasmine rice	
CRISPY PORK BELLY BITES	20 / 22
Served on chipotle mayo, with a plum sauce with roasted sesame seeds	
HALOUMI STICKS 4 PCS	16 / 18
4 Pieces - with Honey & herbed yogurt	
LOADED FRIES	15 / 17
Loaded with crispy bacon & mozzarella cheese	
PRAWN HOT POT	22 / 24
BBQ Prawns (6) in a chilli & garlic infused napoletana sauce w/ a slice of garlic bread	
PULLED BEEF NACHOS	20 / 22
Beef brisket, corn chips, charred corn salsa, guacamole, sour cream, and cheese	

SALADS

Add-on: chicken \$7 / \$8 | prawn \$9 / \$10

CAESAR	20 / 22
COS lettuce, poached egg, croutons & bacon tossed in a caesar dressing w/ shaved parmesan cheese	
THAI BEEF	26 / 28
Mixed lettuce leaves, cucumber, tomato, fried shallots, mint, cori&er & onion, topped with a 200g sliced rump steak cooked medium tossed in our Thai dressing	
ROASTED PUMPKIN	18 / 20
Mixed lettuce leaves, pearl parley, roast pumpkin, beetroot, feta, semi dried tomato, chick peas, croutons & walnuts tossed in a honey dressing	

MAIN COURSE

Add-on: prawn \$9 / \$11

BANGERS & MASH	22 / 24
Beef sausages on a bed of mashed potato w/ peas & gravy	
BEEF RISSOLES	22 / 24
On a bed of mashed potato w/ vegetables & gravy	
CHICKEN SCHNITZEL	150G 20 / 22
w/ chips, salad & gravy	250G 25 / 27
<i>Add Topper +6.0</i>	
<i>Parmi - Ham, Napoletana Sauce & Cheese</i>	
<i>BBQ Texas - Bacon, Onion Rings, BBQ Sauce & Cheese</i>	
<i>Hawaiian - Napoletana Sauce, Ham, Pineapple & Cheese</i>	
CRISPY PORK BELLY	36 / 39
Slow cooked pork belly served with roast pumpkin, charred broccoli & finished with a rich apple cider jus	
CRUMBED LAMB CUTLETS	(2) 27 / 29
Mashed potato, peas & gravy	(3) 32 / 35
LAMB SOUVLAKI SKEWERS	40 / 44
Served with Greek salad, chips, warm pita bread & tzatziki	
ROAST OF THE DAY	SM 18 / 20
Vegetables, peas & gravy	LG 26 / 28
<i>Add Dinner Roll +2.0</i>	
VEAL SCALLOPINI	28 / 31
Thin veal fillets in a creamy mushroom sauce with mash & veg.	

SEAFOOD

FISH & CHIPS	22 / 24
Beer battered fish w/ chips, salad, lemon & tartare sauce	
GARLIC & CHILLI PRAWNS SKEWERS	22 / 24
Marinated in garlic, fresh chilli & olive oil, flame-grilled & finished with smoked paprika butter, lemon & jasmine rice	
PAN SEARED BARRAMUNDI	32 / 35
Chat potato, beans & hollandaise sauce	
SEAFOOD BASKET	36 / 39
Battered Flathead fillet, barramundi fillet, salt & pepper calamari & prawn skewer w/ sweet potato fries, garden salad, lemon, sweet chilli sauce & tartare	

FROM THE CHARGRILL

Topper: prawn \$9 / \$10 | prawn & calamari \$10 / \$11

GRILLED CHICKEN	28 / 30
Chicken breast topped with creamy mustard sauce w/ mashed potato & veg	
MIX GRILL	40 / 44
150g Rump, beef sausage, beef rissole, chicken tenderloin, bacon, mushroom & tomato w/ chips	
RUMP STEAK	30 / 33
250g w/ salad & chips	
SCOTCH FILLET STEAK	44 / 48
300g w/ salad & chips	
T-BONE STEAK	40 / 44
350g w/ salad & chips	

PASTA

Add a side of garlic bread for \$3 / \$4

BOSCAIOLA RIGATONI	26 / 28
In a creamy bacon, mushroom & shallots sauce w/ parmesan cheese <i>add chicken +\$6/\$7 add prawns +\$8/\$9</i>	
BOLOGNESE LINGUINE	25 / 27
Rich pork & veal mince with rosemary, oregano, garlic in a sugo sauce topped with grated parmesan cheese	
LAMB RAGU FETTUCCHINE	26 / 28
Tender slow cooked Lamb shoulder in a rich tomato & vegetable braised stock	
CANNELLONI	25 / 27
Baked cannelloni filled with spinach & ricotta, finished in rich sugo sauce, garnish with salad mix & parmesan cheese.	
CHICKEN PRAWN & AVOCADO LINGUINE	30 / 33
Chicken, BBQ prawns with fresh avocado, served on linguine in a rich chilli & garlic Napolitana sauce, finished with parmesan cheese	

BURGERS

All burgers are served with chips

CHEESEBURGER	20 / 22
Beef patty, cheese, onion, tomato sauce, mustard & pickles	
BEEF	22 / 24
Beef patty, lettuce, onion, tomato, house bbq sauce & cheese	
PERI-PERI CHICKEN	24 / 26
Grilled peri-peri marinated chicken breast, spicy mayo, cheese, lettuce, sliced tomato, bacon	
CHICKEN SCHNITZEL	22 / 24
150g Chicken Schnitzel, lettuce, cheese, tomato & mayo	
SOUTHERN FRIED CHICKEN	23 / 25
Southern coated thigh chicken fillet, shredded lettuce, tomato, bacon & mayo	
STEAK SANDWICH	26 / 28
150g rump, tomato relish, lettuce, onion, tomato, cheese, avocado & burger sauce on turkish bread	

SIDES

SIDE GARDEN SALAD	8 / 10
STEAMED VEGETABLES	8 / 10
POTATOES W/ GARLIC BUTTER	8 / 10
Chat Potatoes with garlic butter	
MASHED POTATO	8 / 10
CHIPS W/ AIOLI	10 / 12
SWEET POTATO FRIES	14 / 16
WEDGES	14 / 16
w/ Sour Cream & Sweet Chilli Sauce	
SAUCES	2.5 / 3
Mushroom, Pepper, Diane, Gravy	

At Roll Up Bistro, we make every meal fresh & with care. Please bear with us if it takes a little longer during busy times. Thank you!

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KIDS MEAL

KIDS FISH & CHIPS	12 / 14
KIDS NUGGETS & CHIPS	12 / 14
KIDS LINGUINE BOLOGNESE	12 / 14
KIDS CHEESEBURGER & CHIPS	12 / 14

DESSERTS

ASSORTED CAKES	9 / 10
Cake slice served with your choice of cream or Ice-Cream	
CAKE & COFFEE COMBO	12
CRÈME BRÛLÉE	12 / 14
Classic vanilla crème brûlée served with biscotti, vanilla ice cream and fresh strawberries	
STICKY DATE PUDDING	12 / 14
With vanilla ice cream & butterscotch sauce	
ICE CREAM (PER SCOOP)	2.5
Vanilla Ice-Cream served with your choice of chocolate, caramel or strawberry topping	

Special Dietary Requirements:

Our chefs are happy to adjust meals to suit your needs. Dairy-free & gluten-free options are available—just ask our friendly staff!

**PLEASE CHECK OUR
DAILY SPECIALS BOARD**

BOWLO CAFE

11:00AM - 2:30pm ONLY

BACON & EGG ROLL	15 / 17
Crispy bacon, fried egg & BBQ sauce w/ chips	
BLT ON TURKISH BREAD	16 / 18
Crispy bacon, lettuce, tomato, aioli w/ chips	
COUNTRY CHICKEN WRAP	14 / 16
Country chicken & avocado, mayonnaise, lettuce & cucumber & chips	
FISH COCKTAILS	15 / 17
Crispy battered fish cocktails with chips & tartare sauce	
GRILLED FISH FILLET	17 / 19
Grilled fish fillet w/ chips	
SMASHED AVOCADO	16 / 18
Served on Turkish bread w/ fetta crumble & dukkah spice Add poached egg \$3	

Penrith Bowling Club

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Pricing = Members / Non Members

Seniors

Lunch Menu

LAMBS FRY
w/ mash and veg

SENIORS
\$16.50
NON-SENIORS
\$18.50

CHICKEN SCHNITZEL
150G w/ chips and salad

GRILLED FISH
w/ chips and salad

RUMP STEAK
150G w/ chips and salad

LINGUINE BOLOGNESE

Add a slice of cake +\$3.00



McAuley

Room Menu

GRILLED FISH & CHIPS 16.50

150G SIRLOIN STEAK 16.50
w/ chips

BLT SANDWICH 16.00
w/ chips

AVOCADO SMASH 16.00
add egg +\$3.00

150G CHICKEN SCHNITZEL 16.50
w/ chips & salad

CAESAR SALAD 16.00
add chicken +\$5.00

BEEF ROLL 18.00
w/ chips & gravy

CHICKEN SUB ROLL 17.50
chicken schnitzel, lettuce, mayo w/ chips



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ROAST

of the day



\$18
member price

AVAILABLE DAILY: 7 DAYS A WEEK

rollup bistro

*Additional \$2.00 for Non-Members
**Not available on Public Holidays

MONDAY

Lamb Special



LAMB CUTLETS

w/ potato mash & gravy

\$22.00



**Additional \$2.00 for Non-Members*
***Not available on Public Holidays*

TUESDAY

Schnitzel Special

CHICKEN SCHNITZEL

w/ chips & salad

150G - \$15.00 | 250G - \$20.00

Add a Topper for \$6.00

**Your choice of: Parmi | Texas | Hawaiian | Prawn*



**Additional \$2.00 for Non-Members*

***Not available on Public Holidays*

WEDNESDAY

Steak Special

CHOICE OF STEAK

w/ chips, salad & sauce

200G RUMP - \$20.00

350G T-BONE - \$28.00

300G SCOTCH FILLET - \$30.00



Add Garlic Prawns +\$8.00

Add Gravy +\$2.50

**Additional \$2.00 for Non-Members*

***Not available on Public Holidays*

THURSDAY

Asian Curry Special

CHOICE OF CURRY

w/ jasmine rice

BUTTER CHICKEN - \$18.00

JAPANESE BEEF - \$18.00

THAI RED PRAWNS - \$18.00



**Additional \$2.00 for Non-Members*

***Not available on Public Holidays*